ADDITIONAL INDICATORS AND TOPICS

Work / Life Balance

- If you were to feel your work/life balance is off, what steps would you take to regain that balance?
- How do you handle situations where work deadlines conflict with other commitments?
- In your opinion, what does a healthy work/life balance look like? How do you try to achieve that?
- When work becomes overwhelming, how do you handle stress and maintain a sense of balance?
- How do you set boundaries for your time, energy, and focus at work? Can you share a situation where this boundary was tested?
- Have you ever worked in a flexible or remote work environment? If so, how did you manage your schedule and responsibilities?
- Can you describe a time when you had to juggle excessive responsibilities? How did you manage your time and priorities?

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