Indicator 1-5: Focus and Concentration

- Can you describe a time when staying focused on a task was challenging? How did you manage the situation, and what did you learn from it?
- How do you prioritize tasks when faced with multiple responsibilities at work? Can you give an example of a time when you successfully managed several tasks simultaneously?
- How do you balance multiple priorities at work while ensuring each task receives the attention it needs?
- How do you manage your focus when balancing individual tasks with team interactions?
- Can you share an example of when a task or process was very demanding of your focus? How did you ensure a positive outcome?
- What strategies do you use to maintain focus and concentration, especially during challenging tasks?
- How do you handle situations where team members are distracted or unfocused? Can you give an example?
- How do you stay focused when distractions arise at work? Can you provide an example of a time when you successfully managed distractions?
- Can you describe when you were completely focused on a task ('in the zone')? How did this impact your work, and how do you ensure you don't overlook other responsibilities?
- How do you ensure that your focus on a task leads to effective decision-making? Can you provide an example?
- What common distractions do you encounter at work, and how do you stay focused despite them?
- How do you organize your workspace and time to maximize focus and productivity?

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